Mililani Waena

BREAKFAST & LUNCH MENU

SEPTEMBER 2020

		BREAKI AOT & EC		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	B: Cereal, Yogurt, Fresh Fruits, Milk	B: Cereal, Toast, Fresh Fruits, Milk 2	B: Pineapple Sunrise Surpriset, Fresh Fruits, Milk 3	B: Cereal, Yogurt,, Fresh Fruits, Milk 4
	Sloppy Joe, Carrots Sticks Bake Bean, Fresh Fruits, Milk	Chicken Tenders, Rice, Roll, Steamed Broccoli, Corn, Fresh Fruits, Milk	Creole Macaroni, Spinach & Romaine Salad, Baby Carrots, Fresh Fruits, Milk	Hamburger, Lettuce, Tomato, Hummus, Fresh Fruits, Milk
7	B: Cereal, Toast, Fresh Fruit, Milk 8	B: Portuguese Sausage, Rice, Fresh Fruits, Milk 9	B: Ham & Cheese Roll, Fresh Fruits, Milk 10	B: Cereal, Toast, Fresh Fruits, Milk 11
LABOR DAY NO SCHOOL	Chicken Adobo Sandwich, Carrots Sticks, Corn, Fresh Fruits, Milk	Teri Burger, Broccoli Florets, Baby Carrots, Baked Beans, Fresh Fruits, Milk	Pastrami Sandwich, Lettuce & Tomato, Broccoli Florets, Celery Sticks, Fresh Fruit, Milk	Grilled Cheese, Marinara Sauce, Cucumber Sticks, Celery Sticks, Hummus, Fresh Fruits, Milk
B: Cereal, Yogurt, Fresh Fruits, Milk 14	B: Pineapple Sunrise Surprise, Fresh Fruit, Milk 15	B: Cereal, Toast, Fresh Fruit, Milk 16	B: Cereal, Yogurt, Fresh Fruits, Milk 17	B: Cereal, Toast, Fresh Fruits, Milk 18
Black Bean Burger w/Cheese, Spinach & Romaine Salad, Baby Carrots, Fresh Fruits, Milk	Chicken Sandwich, Rainbow Salad, Edamame, Fresh Fruits, Milk	Caesar Salad, Cheezy Bread, Marinara Sauce, Baby Carrots, Corn, Fresh Fruits, Milk	Chicken Sandwich, Broccoli Florets, Celery Sticks, Fresh Fruits, Milk	Tuna Salad Sandwich, Carrots Sticks, Celery Sticks, Hummus, Fresh Fruits, Milk
B: Cereal, Yogurt, Fresh Fruit, Milk 21	B: Portuguese Sausage, Rice, Fresh Fruit, Milk 22	B: Ham & Cheese Roll, Fresh Fruit, Milk 23	B: Cereal, Toast,, Fresh Fruits, Milk 24	B: Cerea, Yogurt, Fresh Fruit, Milk 25
Hamburger, Lettuce, Tomato, Hummus, Fresh Fruits, Milk	Chicken Tenders, Rice, roll, Steamed Broccoli, Corn, Fresh Fruit, Milk	Sloppy Joe, Carrots Sticks, Baked Beans, Fresh Fruits, Milk	Creole Macaroni, Spinach & Romaine Salad, Baby Carrots, Fresh Fruits, Milk	Cheese Pizza, Spinach & Romaine Salad, Baby Carrots, Fresh Fruits, Milk
B: Cereal, Toast, Fresh Fruits, Milk 28	B: Pineapple Sunrise Surprise, Fresh Fruits, Milk 29	B: Cereal, Yogurt, Fresh Fruits, Milk 30		
Chicken Adobo Sandwich, Carrots Sticks, Corn, Fresh Fruits, Milk	Teri Burger, Broccoli Florets, Baby Carrots, Baked Beans, Fresh Fruits, Milk	Grilled Cheese, Marinara Sauce, Cucumber Sticks, Celery Sticks, Hummus, Fresh	ABC	

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"